## Clevebe

## **INFORMATION AND WARNINGS**

- 1. Read the instruction booklet before use and use the product only as recommended.
- 2. Keep the product out of the reach of children.
- 3. This product is intended only for foot and heel care
- 4. The product may be used by several people, but a single insert (abrasive element) should be used by only one person.
- 5. The used insert should be replaced to achieve the desired results.
- 6. The insert is appropriate for use for about a year, depending on the frequency of treatments and the size of the area of the given abrasion.

- 7. Do not use in case of dermatological problems, in areas of redness, skin irritation, open wounds, skin growths, and blisters.
- 8. Used too frequently, it can cause skin irritation. When skin irritation or bleeding occurs, consult a doctor.
- 9. Keep the instruction for use any time you need.

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## INSTRUCTION

- 1. Place the product in the shower base or bathtub so that it is attached to the surface. (Use when bathing while standing or sitting).
- 2. Ensure whether the device is well attached.
- 3. Press down on the product with your free foot. The product should be pressed down so that one foot presses on the bottom surface and the other foot performs the movement on the ergonomic surface. Avoid weighing the product down with your whole body weight.
- 4. Carefully place the foot with calloused skin on the abrasive part, and then move it forward, backward and sideways.
- 5. Continue until the skin is soft and smooth.

- 6. Make slow movements, and press a little harder if there is a large thickening.
- 7. Finish rubbing when the skin of the feet is soft - too long use may end up with irritation.
- 8. Rinse the foot to get rid of dead skin and clean the device under running water. Leave to dry on the included hook or in a dry place.
- 9. The abrasive element should be replaced after it has dried to prevent the attachment material from peeling off.

YOU CAN ALSO USE IT
MANUALLY BY GRABBING THE
BACK OF THE PRODUCT.